



Table Games  
for  
Mealtimes  
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# Table Games

## FOR MEALTIMES

Mealtimes can be a great place for groups to get to know each other better. We have included instructions, supply lists, and templates for 6 table games that your group can play at mealtimes. With just a little setup ahead of time, tables should be able to play these games on their own. Supplies and instructions for the games can be placed in a basket or small bucket in the middle of the table along with a cube. We have provided a cube template in the Resources section with 6 game icons on it. Print & assemble 1 cube per table, or use dice. Everyone at the table will take turns rolling the cube and whichever icon it lands on, the table plays that game. (If you are playing with dice, just play the game that has the same number as you roll.) Our suggestion is to play 2 games per meal, but you can adjust this as needed. After a group has played a game once, encourage them to keep rolling until the cube lands on a new game.

## Instructions & Supply List

*Below is an overview of the 6 games included on the cube. Templates for the cube and table games can be found in the Resource section of this Recreation Guide. Print 1 cube per table.*

1

### TABLE MAD LIBS

**Supplies:** Pencils, print outs

**Instructions:** Have the table take one of the themed Mad Lib pages out. As a group have them fill in the blanks, perhaps taking turns so everyone has input. When finished, ask for a volunteer to stand up and read it to the whole group.

2

### I SPY

**Supplies:** I Spy pictures with the lists of things to find

**Instructions:** Have one person at the table hand out the copies of the I Spy pictures. The table group can work in pairs to see if they can find all the items listed. You can also have the group come up with I Spy items of their own and play the game a second round with each person asking the table to find their item.

3

### ONE OF A KIND CARD GAME

**Supplies:** Deck of Cards, One of a Kind sheet, instructions

**Instructions:** Use the cards as a way to get to know everyone at the table. Give each table one suit of cards, Ace through King. They will shuffle and these cards and put them in the middle of the table, face down. Next, have a copy of the One of the Kind sheet with 13 questions (or create your own).

Each member of the group takes a turn picking the top card on the pile and answering the question on the paper that corresponds with their card. Just that person answers that prompt. Then the next person goes. Keep going until all 13 cards have been used. Feel free to tweak the prompts to fit your group!

## 4 PRAYER PORTRAITS

**Supplies:** Paper, marker/crayons/pencils, instructions

**Instructions:** At their tables, have each person take a piece of blank paper and write their name at the bottom of the page. Now pass the paper one person to the right. Have each person draw the shape of the head of the person whose name is on the bottom of the page. Pass it again to the right and tell them to draw that person's mouth (always drawing the person whose name is on the bottom of the page). Then pass and draw the nose, pass and draw the eyes, pass and draw the ears, pass and draw the hair, pass and draw extras like glasses, jewelry, etc. Now pass the paper back to the original owner to admire the rendition of themselves. Next, have everyone pass their portrait across the circle. Each person takes the portrait of another member of the group to pray for that person for duration of the retreat (or whatever amount of time you choose).

## 5 POPSICLE STICK Pictionary

**Supplies:** Popsicle sticks, Set of 16 pictures printed & cut out for each table, instructions

**Instructions:** Each table should have a supply of popsicle sticks (about 15 or so is usually plenty) and a stack of picture cards, face down. Play Pictionary using popsicle sticks instead of a pen or pencil. The person at the table who traveled the farthest starts the game by drawing the top card. Without showing their card to anyone else, they begin to "draw" or recreate the picture using the popsicle sticks. When their group correctly guesses the object, the next person takes a turn. This continues until all of the pictures have been drawn (or you run out of time).

You can print out these pictures on cardstock (6 per page is a good size) and cut them into rectangles. You can also make your own a set of cards for each table by drawing them yourself on index cards ahead of time.

**Leader's Hint:** This game is easily adapted to themes! For example, things found at a campsite (campfire, tent, tree, spider, moon, etc.).

## 6 ROCK & ROLL DICE

**Supplies:** 1 dice per table, one list of activities per table

**Instructions:** Each table should have the dice and instructions. Have one person in the group roll the dice. This person then follows the directions on the instruction sheet for the number they rolled. After they have finished following the instructions, pass the dice on to the next person in the circle until everyone has had a chance to roll. Depending on the size of your table, you can choose to go around the group a second time.